

**The Evidence-based Approach for Occupational Health Professionals**  
**- How to use research information to improve the quality of occupational health practice**

**1 - 3 March, Hotel Savonia, Kuopio, Finland**

**Monday 1 March**

- 08.30 -           **Registration and coffee**
- 09.00 - 09.30     Introduction, *Jos Verbeek*
- 09.30 - 10.00     Posing Answerable Questions, *Carel Hulshof*
- 10.00 - 10.15     **Coffee break**
- 10.15 - 11.00     What is a good intervention study? *Antti Malmivaara*
- 11.00 - 12.15     Small group work: Critical appraisal of OH intervention studies
- 12.15 - 13.15     **Lunch**
- 13.15 - 14.00     How to search for OH studies: basic concepts, *Jos Verbeek*
- 14.00 - 14.15     **Coffee break**
- 14.15 - 15.00     What is a good diagnostic/ prognostic study? *Antti Malmivaara*
- 15.00 - 16.15     Small group work: Critical appraisal of studies on diagnosis and prognosis
- 16.15 - 16.30     Break
- 16.30 - 18.00     Small group work: Own Questions
- 19.00 -           **Dinner at Hotel Savonia,**  
**free evening: karaoke, dancing, visit Finns, work**

**Tuesday 2 March**

- 08.45 - 09.30     Guidelines, how to use and appraise them, *Ira Madan*
- 09.30 - 10.15     How to appraise articles on occupational etiology, *Carel Hulshof*
- 10.15 - 10.30     **Coffee break**
- 10.30 - 11.45     Small group work: Critical appraisal of etiological studies
- 11.45 - 12.30     Information sources in addition to PubMed and CC, *Irja Laamanen*
- 12.30 - 13.30     **Lunch**

13.30 - 14.45	How to read and use systematic reviews, <i>Jani Ruotsalainen</i>
14.45 - 15.00	<b>Coffee break</b>
15.00 - 16.15	Small group work: Critical appraisal of a systematic review
16.15 - 16.30	Break
16.30 - 19.00	Small group work: Own questions
20.00 -	<b>Course dinner at "Puijon Maja"</b>

### **Wednesday 3 March**

09.00 - 10.30	Presentations of Own Questions and Solutions
10.30 - 10.45	<b>Coffee break</b>
10.45 - 12.00	Presentations.... (cont.)
12.00 -	<b>Evaluation, closure and lunch</b>

### **Faculty**

Jos Verbeek

MD, PhD, Senior Researcher, Finnish Institute of Occupational Health, Associate Professor at the University of Kuopio and at the University of Amsterdam

Jani Ruotsalainen

M.Sc., Research Psychologist, Finnish Institute of Occupational Health

Antti Malmivaara

MD, PhD, National Institute for Health and Welfare, Finland

Carel Hulshof

MD, PhD, Associate Professor, Coronel Institute of Occupational Health, Centre of Excellence in Occupational Medicine, the Netherlands.

Ira Madan

MD, PhD, NHS Plus Clinical Standards Director, Consultant Occupational Physician, Guy's and St Thomas' NHS Foundation Trust

Irja Laamanen, M.Sc., Senior Adviser, Information Specialist, Finnish Institute of Occupational Health

Stefano Matioli, MD, PhD, Occupational Physician, University of Bologna, Italia